

For persons 60
years of age &
older,
regardless of
income or assets

Actual Cost/Guest Fee
for people under 60
unless accompanied
by their senior spouse
is \$7.00

SITE CONTACTS
FOR
RESERVATIONS OR
CANCELLATIONS:



Ashland Site
715-682-4414 x. 0

Sanborn Site
715-278-3955

Mellen Site
715-274-8251

Glidden Site
715-264-3682

Butternut Site
715-769-9417

Toll-Free
1-888-682-7672

No email reservations
accepted.

All meal programs
administered by:
Ashland County
Aging Unit, Inc.
400 Chapple Ave.
Suite 100
Ashland, WI 54806
715-682-4414 x. 0
www.ashlandaging.org

Ashland County Aging Unit, Inc. Senior Nutrition Program:

Senior Dining Sites & Meals on Wheels

August 2021



Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland Only
2 Hot Meatloaf Sandwich on WW Bread Mashed Potatoes & gravy Steamed Spinach Mandarin Oranges	3 Chicken & Bean Tamale Pie Shredded Lettuce, Diced Tomatoes, Sour Cream & Mild Picante Sauce Fresh Watermelon Slice	4 Hearty Beef Stew over Baking Powder Biscuit Baked Cinnamon Apple Slices Fresh Banana	5 Broiled Lemon Parslied Fish w/tartar sauce Baked Potato w/butter & sour cream Creamy Coleslaw Cherry Dessert w/Cake Topping WW Roll w/butter	6 BBQ'd Pork on a buttered Bun Seasoned Potato Wedges Corn Niblets Fresh Apple
9 Pork Cutlet in gravy Mashed Potatoes Steamed Brussels Sprouts Peach Delight Dessert WW Roll w/butter	10 Italian Sausage w/Linguine & Alfredo Sauce Steamed Asparagus Carrot Raisin Salad Fresh Grapes	11 Turkey Dressing Casserole w/gravy Candied Yams Sweet Peas Cranberry Crunch Salad	12 California Cheeseburger on a buttered bun w/Lettuce, Tomato & Onion Baked Beans Potato Salad Blueberry Lemon Trifle	13 Chicken Rice Casserole Steamed Broccoli Steamed Cauliflower Mixed Fresh Berries
16 Turkey & Cheese Sandwich on WW Bread Tomato Basil Soup Three Bean Salad Pineapple Tidbits	17 Beef Shepherd's Pie Sliced Tomatoes Rhubarb Dessert Whole Wheat Roll w/butter	18 Ham Loaf Balls Au Gratin Potatoes Lettuce Salad Honeydew Slice WW Roll w/butter	19 Birthday Meal Pork Loin in Gravy Baked Potato w/butter & sour cream Steamed Spinach Apple Sauce Strawberry Shortcake 	20 Hamburger Tater Tot Hotdish Carrot Coins Kiwi Fruit WW Roll w/butter
23 Tuna Noodle Casserole Peas & Carrots Pineapple w/Cottage Cheese Cherry Crisp	24 Chef Salad Romaine Lettuce, Tomatoes, Peppers, Diced Ham, Hard Boiled Eggs, Shredded Cheese, Croutons & Dressing Apple Cobbler WW Roll w/butter	25 Porcupine Meatballs w/Sauce Over Egg Noodles Green Beans Buttered Beet Slices Sliced Pears	26 BBQ'd Chicken Baked Beans Corn Niblets Fresh Orange Potato Roll w/butter	27 Brunch for Lunch Scrambled Eggs Sausage Links Company Hashbrowns Chilled Juice Cantaloupe Slice Bran Muffin w/butter
30 Hot Pork Sandwich on Whole Wheat Bread Mashed Potatoes & Gravy Mixed Veggies Applesauce	31 Chicken Dumpling Soup Chicken Salad Sandwich on WW Bread Marinated Black Bean Salad Fresh Grapes	<p>Reservations (& Cancellations) required by at least 2:00 pm the serving day before. Please call your local meal site OR the Aging Unit office Suggested Contribution: \$3.25 per meal All meals: served at 11:30 to 12:05 p.m., contain at least 1/3rd of the RDA, and served with 1% Milk Menu subject to change if necessary without notice. The ACAUI will not be responsible for insuring that menu selections are free from allergens. Participants with life threatening food allergies are encouraged to bring substitute food items from home.</p>		